

Nidan Test – Name – dd.mm.yyyy

Yokomenuchi

- Shihonage
- Makikomi
- Kokyunage hachinoji
- Koteoroshi en undo
- Zenponage

Katatedori

- Tenkan Kokyunage
- Kirikaeshi
- Zenponage
- Shihonage tenkan
- Tenkan Ikkyo

Ushiro Tekubidori

- Zenponage
- Uragaeshi
- Koteoroshi
- Sankyonage
- Ikkyo tenkan

Tantodori

- Shomenuchi Kokyunage
- Shomenuchi Koteoroshi
- Yokomenuchi Shihonage
- Munetsuki Koteoroshi
- Munetsuki Ikkyo

Munetsuki

- Koteoroshi
- Zenponage
- Kaitennage
- Koteoroshi hantai-tenkan
- Ikkyo

Shomenuchi

- Kokyunage
- Koteoroshi
- Kirikaeshi
- Zenponage
- Ikkyo

Bokkendori

- Shomenuchi Kokyunage
- Shomenuchi Koteoroshi
- Yokomenuchi Shihonage
- Munetsuki Koteoroshi
- Do uchi Kokyunage

Bokken und Jo

- Kengi 1 + 2
- Jogi 1 + 2

Goningake Randori